



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

START YOUR ADVENTURE

LIFEGUARD TRAINING

This course is designed to provide the participants with the knowledge and skills needed to be a lifeguard and professional rescuer. Participants will also be certified in CPR Pro for the Professional Rescuer, Basic First Aid for the Community and Emergency Oxygen Administration. This course is a nationally recognized certification, and will make participants eligible for employment at any of our Greater Cincinnati YMCAs. For more information, please contact Julie Halusek— Senior Program Director at jhalusek@MyY.org or call 513-521-7112.

Pre Lifeguard Class

This class is designed to teach and refine your swimming skills in preparation of taking the Lifeguard Class. Attend as many or a few classes to obtain the necessary swimming skills to successfully pass the Lifeguard Pre-requisite swim.

Dates, Times and Locations

- Thursday's , 7pm –8pm—Powel Crosley YMCA beginning February 2.
- Wednesday's 4pm-5pm– Gamble Nippert YMCA beginning February 28.
- Wednesday's 7:30-8:30pm– Clippard Family YMCA beginning February 28,

Lifeguard Classes

- February Class at Gamble Nippert YCMA

Friday 2/24—5-10pm
Saturday 2/25-9am-5pm
Sunday 2/26-9am-5pm
Friday 3/3-5-10pm
Saturday 3/4-9am-5pm
Sunday 3/5-9am-5pm

- March Class at Clippard YMCA

Monday 3/13-4pm-9pm
Tuesday 3/14-4pm-9pm
Wednesday 3/15-4pm-9pm
Thursday 3/16-4pm-9pm
Friday 3/17-4pm-9pm
Saturday 3/18-12pm-6pm

- March Class at Gamble Nippert YMCA

Friday, 3/24-5pm-10pm
Saturday 3/25-9am-5pm
Sunday 3/26-9am-5pm
Friday 4/1-5-10pm
Saturday 4/2 -9am-5pm
Sunday 4/3-9am-5pm

- March Class at Powel Crosley YMCA

Monday 3/20 4:30pm - 9:30pm
Wednesday 3/22 4:30pm - 9:30pm
Friday 3/24 4pm - 9:30pm
Saturday 3/25 7:30am - 5pm
Saturday 4/1 8am-5pm

- May Class at Powel Crosley YMCA

Monday 5/8 4:30pm - 9:30pm
Monday 5/15 4:30pm - 9:30pm
Tuesday 5/16 4pm - 9:30pm
Wednesday 5/17 4pm - 9:30pm
Monday 5/22 4:30pm - 9:30pm
Tuesday 5/23 4:30pm - 9:30pm
Wednesday 5/24 4:30pm - 9:30pm

- May Class At Clippard YMCA

Friday, 5/12- 5-9pm
Sunday 5/14-10am-7pm
Friday 5/19-5-9pm
Saturday 5/20-10am-7pm
Sunday 5/21-10am-7pm

