

Click the event for more information

## YMCA CENTRAL PARKWAY - Y WITHOUT WALLS CALENDAR JULY 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Ziegler Park Water Classes	3	4 YMCA Fire Cracker 5K	5 Evening Inspiration 7PM Workout in the Park 7:15PM	6 Bandstand Bluegrass 7PM	7	8 Workout in the Park 9AM
9 Ziegler Park Water Classes Second Sunday on Main	10	11	12 Evening Inspiration 7PM Workout in the Park 7:15PM	13 Bandstand Bluegrass 7PM	14	15 Workout in the Park 9AM
16 Ziegler Park Water Classes	17	18	19 Evening Inspiration 7PM Workout in the Park 7:15PM	20 Bandstand Bluegrass 7PM	21	22 Workout in the Park 9AM
23 Ziegler Park Water Classes	24	25	26 Evening Inspiration 7PM Workout in the Park 7:15PM	27 Bandstand Bluegrass 7PM	28	29 Workout in the Park 9AM
30 Ziegler Park Water Classes	31					

Click here for class schedule

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[Grow](#)

[Volunteer](#)

[Health and Wellness](#)

# *Evening Inspiration*

CENTRAL PARKWAY YMCA

EVERY WEDNESDAY  
6 P M - 7 P M

**For more small group information:**

**Morgan Perry**

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