



YMCA YOUTH SOCCER RULES

The focus will be learning the fundamentals of soccer learning to work as a team, good sportsmanship, and having fun. Ages may be combined or altered based on enrollment.

Rule	3-4 yrs	5-6 yrs	7-9 yrs
Length of Running Quarters (4)	6 min	7 min	8 min
Field Dimensions	20 x 30 yd	20 x 30 yd	30 x 50 yd
Time outs/half	none	none	none
Score kept	no	no	no
Ball Size	3	3	4
** size based on national soccer standards for youth			
Coaches on field	2	2	0
**Coaches cannot interfere with game.			
** Must leave absolute control of game to officials			
Players on field	5v5	6v6	7v7
Offensive players on the field	3	3	3
Defensive players on the field	2	3	4
Goalie	no	yes	yes
** 6 v 6 means 5 on field + a goalie			
Games will not be forfeited due to low number of players.			
Players can be borrowed from the other team, or game can be played with fewer players.			
Throw in	yes	yes	yes
Corner Kicks	yes	yes	yes
Goalie Kicks	yes	yes	yes
Penalty Kicks	no	no	no

Co-Ed Leagues

All Ages will be Co-Ed with boys and girls playing together.

Fouls that Will Result in Stop of Play

Pushing, Striking, Tripping, Charging, and Kicking an Opponent. "Intentional" Handballs will also be called for all age groups. All of these will result in the ball being awarded to the opposite team.

Players Equipment

All Players must wear shin guards with socks covering them. Molded cleats are strongly recommended, but not required. Metal or removable cleats will not be permitted. Players will be provided with a YMCA jersey which they will get to keep. In the event of cold weather, a player may wear any sweatshirt underneath the jersey, or a similarly colored sweatshirt over the jersey (blue sweatshirt for blue team). Jewelry should not be worn.

Officiating

One Referee will be provided for each game. If none is available, the coaches will officiate the game.

Substitutions

Frequent substitutions are encouraged. Coaches may make substitutions between quarters, on a dead ball, and at the referee's discretion.

Sportsmanship

Good Sportsmanship is expected from all Players, Coaches, and Spectators. Poor sportsmanship will not be tolerated. Players and coaches are to line up and shake hands after the game.
