



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FAMILY ACTIVITIES & CLASSES

R.C. DURR YMCA
5874 Veterans Way Burlington KY 41005
859-534-5700 www.MyY.org



DAY	TIME	ACTIVITY
Monday	8:30-11:30 a.m.	Family Open Gym
	11 a.m.-12:50 p.m.	Family Splash
	6-7:50 p.m.	Family Splash
	6:30-7:30 p.m.	Family Bootcamp *
Tuesday	8:30-11:30 a.m.	Family Open Gym
	5-7:30 p.m.	Family Open Gym
	6:05-7:30 p.m.	Family Splash
Wednesday	8:30-11:30 a.m.	Family Open Gym
	11 a.m.12:50 p.m.	Family Splash
	5-7:50 p.m.	Family Splash
	5:45-6:45 p.m.	Family Zumba ® *
Thursday	8:30-11:30 a.m.	Family Open Gym
	5-7:30 p.m.	Family Open Gym
Friday	8:30-11:30 a.m.	Family Open Gym
	11 a.m.-12:50 p.m.	Family Splash
	5-7:50 p.m.	Family Splash
	5-7 p.m.	Family Open Gym
Saturday	11 a.m.-5:50 p.m.	Family Splash
Sunday	11 a.m.-5:50 p.m.	Family Splash
	11 a.m.-3:30 p.m.	Family Open Gym

* Class requires a reservation for all participants via MyY App or online at MyY.org