



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CENTRAL PARKWAY YMCA YOUTH POLICY

We welcome members ages 10-17 to use the Central Parkway YMCA with a parent present in the building. For the safety and well-being of all members, we kindly request that these young members adhere to the following area-specific guidelines:

- Gymnasium & Racquetball Courts - Ages 10 and up.
- Cardio and Strength Areas C1 and C2 - Ages 15 and up. Members under 15 must be with an adult member.
- Free Weight Room - Ages 16 and up.
- Indoor lap pool - Ages 16 and up. Pool is for lap swimming only and lanes must be booked in advance or at the front desk.
- Group Exercise Classes - We ask that members under 16 be with an adult member.
- Locker rooms - Members under 18 may use the changing room and day lockers located off of the pool viewing area. Locker room, steam and sauna facilities are reserved for members 18 and up.

To ensure a pleasant and secure environment for all, we enforce the following zero-tolerance rules for members, guests, and staff. Any violations will result in immediate removal from the building, and the individual must speak with a Director before returning to the Central Parkway YMCA branch.

The YMCA is a MEMBER FACILITY and all persons using it must be an active member, or a registered guest. Members must be age 18 and older to bring guests.

MyY.org

Central Parkway YMCA
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