



# Colerain Senior Center

2021

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## The Colerain Township Senior Center RE-OPENING PLAN 2021

Welcome Everyone. The State of Ohio has allowed us to re-open the Senior Centers as early as September 21<sup>st</sup>, 2020. You are probably wondering why the Colerain Senior Center has not re-opened yet. We admire and abide by the idea of moving forward despite the challenges. There were countless meetings provided by the Ohio Department of Health, YMCA & Colerain Township to make sure the Covid-19 guidelines and restrictions were in place before we open the doors to our members. Moving forward, there are mandatory rules and guidelines provided by the State of Ohio we must follow.

Unfortunately, we are not able to resume all of our activities at this time until further notice. We have carefully reviewed and developed a revised schedule of activities that adhere to the State of Ohio guidelines representing social distancing and venue capacity. The activities and hours of operation will be developed in phases and we will do the best we can to bring back most or all of the activities once the pandemic is lifted. **If the State of Ohio Warrants COVID-19 RED or PURPLE Zone the Senior Center will be CLOSED. Please check link below daily.**

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/dashboards/overview>

### PHASE I

Colerain Senior Center Re-Open Schedule for IN PERSON Membership and IN PERSON Registration System account only or call 513-923-5050

February 2<sup>nd</sup> 2021 Tuesday, Wednesday or Thursday 10:00 a.m.-2:00 p.m.

### PHASE 2

The Colerain Senior Center IN PERSON Membership, Registration System and Programs.

March 16<sup>th</sup> Tuesday, Wednesday and Thursday 10 a.m.- 2 p.m. OPEN for membership, registration account, programs and activities. **(Please Note You Must Register in advance thru your already developed account in advance to participate in programs and activities.**

# HEALTH SCREENING

- ▶ The Colerain Senior Center Staff will be tested on a regular basis for COVID-19 to ensure safety of our senior community.
- ▶ Members will be expected to participate in a health screening.
  - ❖ Upon entering the Colerain Senior Center, everyone is required to wear a mask at all times.
  - ❖ Must self electronically scan your membership scan card at the front desk. A hands free temperature reading Kiosk will be located at front desk. We ask you to stand two feet behind the Kiosk for temperature reading. It is required we keep an electronic roster of all members and guests entering the building. **Please Note: We are going PAPERLESS** due to the Covid-19 restrictions. There will no longer be a handwritten sign in sheet for members/guests upon arrival. We no longer accept cash or check for membership payment, credit card only. *(Credit Card Payment ONLY-We accept MC, AE & Visa Only)*
  - ❖ Staff is required to ask all members/guests upon arrival the following question **“Have you experienced any symptoms in the past 48 hours?”** You will need to answer “NO” to the following questions to participate at the Colerain Senior Center. Very important consideration to stay home if you are not feeling well. ***Please Note: staff of the Y-Colerain Senior Center can reject members/guests from entering and participating in any single or all programs at the Colerain Senior Center if there are health concerns that will jeopardize the surrounding community.***

Fever	Shortness of Breath/Difficulty Breathing,
Chills	Fatigue, Muscle or Body Aches,
Headache	Nausea or Vomiting,
Diarrhea	New Loss of Taste or Smell,
Sore Throat	Congestion or Runny Nose

# REGISTRATION SYSTEM-MOTION VIBE

## HOW TO CREATE YOUR OWN REGISTRATION MOTION VIBE ACCOUNT

- Download YMCA Cincinnati APP for free in the APP store on your smart phone or <https://cincinnatiymca.motionvibe.com> on your computer. If you do not own a smart phone, computer nor have an email address please contact 513-923-5050 and we will help assist you with your account.
- You will need your YMCA/Colerain Senior Center Membership Scan Card for the barcode #
- You will need to create your username and password in the registration system.
- Your date of birth/day/year and email is required.
- Click on the “Club Menu” tab on left and select “Colerain Senior Center”
- View your choice of activity, day and time of availability and click on ‘RESERVE’ no more than 48 hours in advance. ***Please Note if you arrive later than activity schedule without notification, your timeslot has begun your reservation will be given away. If you have registered for a program activity and not able to attend we ask you to UNREGISTER to allow those on the wait list to participate.***
- Please arrive 10 minutes early so we can get you checked in and ready for your activity.
- No congregating inside the building after programs and activities.
- **MUST BE A COLERAIN SENIOR CENTER MEMBER TO PARTICIPATE IN THE PROGRAMS AND ACTIVITIES HELD AT THE COLERAIN SENIOR CENTER.**
- **MUST BE A YMCA MEMBER TO PARTICIPATE IN THE PROGRAMS AND ACTIVITIES HELD AT THE YMCA.**
- **SILVERSNEAKER CLASSES HELD AT THE COLERAIN SENIOR CENTER ARE OPEN TO THE COLERAIN SENIOR CENTER AND YMCA MEMBERS ONLY.**
- **SILVERSNEAKER CLASSES HELD AT THE YMCA ARE OPEN TO YMCA MEMBERS ONLY.**



## Senior Talk Thursday with Nora and Sylvia

The show provides Senior Resources, Technology Lessons, Social Connection, Guest/Professional Interviews, Coffee with a Veteran, Acknowledgements/Awards, Pet Therapy, Brain Health, Exercise, Fun and laughter and so much more.

Live Stream each Thursday on the Clippard Family YMCA FB page from 11:15-11:45 and at Noon we tag the Colerain Senior Center-Clippard Family YMCA Facebook page.

### How We Will Communicate With You

Due to the pandemic we will communicate with you thru social media, virtual and electronic mailings. Please continue to follow us on our Facebook pages, websites for updated information and all programs and amenities we offer.

- Colerain Senior Center-Clippard Family YMCA.
- Clippard Family YMCA.

[www.MyY.org](http://www.MyY.org) [www.Colerain.org](http://www.Colerain.org)

### House Keeping Rules

Before and after each use of equipment please disinfect and store properly using the PPE sanitization which is provided in all areas.

Please bring your own personal favorite coffee mug and we will draw you some coffee at no cost. Water fountain will be closed and ask you to bring your own water bottle.

# Colerain Senior Center Activities

MONDAY	Closed
TUESDAY	Water Colors 10-11:30 Stain Glass 10:30-12 Billiards 10-2 SS Classic 12-12:45 Chair Yoga 1-1:45
WEDNESDAY	Bingo 10:30-2 Billiards 10-2 Pathways-Crafting 10-12 Oil Painting 12:30-2
THURSDAY	Senior Talk FB Live Stream 10-12 Ceramics 10-12 & 12:30-2 Billiards 10-2 Virtual M25- Plastic Bag Mat 12-2 RMDH-Comfort Quilt 12-2 Virtual Book Club-12:45-2
FRIDAY	Closed

Hours of Operation: T/W/Th 10-2

Council on Aging Meal Delivery available Monday and Tuesday 10:00-2:00.

Council on Aging Meal Pick Up T/W/Th 11-1  
Council on Aging Dine In Coming Soon!

Transportation to and from the Senior Center service available for members only. Limited seating availability. **Wednesday Only!**

## Colerain Senior Center Membership

*(Credit Card Payment ONLY-We accept MC, AE & Visa Only)*

\$20 -Colerain Township Resident

\$30 -Non Resident

FREE Membership to SilverSneaker Members

## Colerain Senior Center

4300 Springdale Road

Cincinnati, Ohio 45251

513-923-5050

## Clippard Family YMCA

8920 Cheviot Road

Cincinnati, Ohio 34251

513-923-4466

[ndashley@MyY.org](mailto:ndashley@MyY.org)

Nora Dashley, Senior Program Director

## Closing and Delay Policy:

- If the State of Ohio Warrants the State of Ohio COVID-19 RED or Purple Zone the Senior Center will be Closed.  
<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/dashboards/overview>
- If the Northwest Local School District is on a Two Hour Delay or Closed due to inclement weather the Senior Center will be closed along with the COA meal service. Follow us on Facebook!

### Save the Date:

Thursday, October 29<sup>th</sup> from 12-2

### **Halloween Trunk or Treat Social Gathering**

Held outside front parking lot at the Colerain Senior Center. You can social inside or outside of your parked vehicle. Pop your trunk open, prop your own chairs outside your parked vehicle and have fun. Don't forget to wear your masks!

Prizes will be awarded to the best decorative costume and masks covering.

Please bring your own snacks and drinks.

## 2021 Closing and Delays

- January 1 New Years Day
- January 18 MLK Day
- February 15 Presidents Day
- May 4 Spring Election
- May 31 Memorial Day
- July 2 Independence Day
- September 6 Labor Day
- September 25 Recycle Day
- October 11 Columbus Day
- November 2 Election Day
- November 11 Veterans Day
- November 25 Thanksgiving Day
- November 26 Post Thanksgiving
- December 24 Christmas Eve

**Hotline #513-362-2045**

If NWLSD is on a two hour delay or Closed due to inclement weather the Senior Center will be Closed

If COVID-19 Emergency RED or PURPLE the Senior Center will be CLOSED