



Senior Resources

Alzheimer's Association

(800) 272-3900

<https://act.alz.org>

Caregiver Assistance Network

(800) 606-2560

Area services and transportation to medical appointments

Cincinnati Area Senior Services

(CASS)

(513)-721-4330

www.cassdelivers.org

Transportation, Meals on Wheels, Adult Day Care

Council on Aging

(513) 721-1025

www.help4seniors.org

Meals, home care, transportation, home repairs, long-term care planning, caregiver support, information and referral

Crisis Text Line

Text START 741741

Elder Abuse Hotline

(513)-421-5433

Hamilton County Job and Family Services

(513)-946-1000

hcjfs.org/services/elder-protection/working-with-adult-protective-services-aps

GOGO Grandparent

855-464-6872

www.Gogograndparent.com/welcome

Use Lyft and Uber without a Smartphone

Legal Aid

(513)-241-9400

Medicare (800) 633-4227 Medicaid (800) 324-8680

Mental Health Emergency

(513)-584-8577

Metro Now!

(513) 551- 5555

www.go-metro.com or **Download Metro Now in the App Store**

Transportation. Book trips using the app or call. \$2 fare (one way). Weekdays 6 am- 8 pm. Weekends 8 am-6 pm

Utility Services (Heap)

(800)-282-0880

www.development.ohio.gov

Mobile Crisis Team

(513)-584-5098

Provides in-home evaluation for suicide and psychiatric crisis

National Suicide & Crisis Lifeline

988 (call or text). Or (800) 273-TALK (8255)

www.988lifeline.org

Veterans crisis Line; press 1 after calling. Free & Confidential

People Working Cooperatively, Inc.

(513)-351-7921

PWChomerepairs.org/ohio.aspx

Home repair for low-income, elderly and disabled

Pro Seniors Inc.

(legal services for seniors)

Helpline (513)345-4160

Ombudsman Long Term Care

Assistance/Advocacy (513) 458- 6070

Senior Medicare Patrol

Education/Assistance (Medicare Fraud)

(513) 458- 5523 or 800 293- 4767

www.proseniors.org

Senior Housing Affordable Retirement Community

www.episcopalretirement.com/services/find-a-community

Talbert House Crisis Hotline 513-281-CARE or text Talbert to 839863

www.talberthouse.org

24 hour suicide & crisis hotline offers crisis intervention, information & local resources for individuals of any age

The Suicide Crisis Lifeline 24/7

By calling or texting 988

Tri-Health Senior Link (513)-458-8833

Health care to those 55 years and older

www.trihealth.com/institutes-and-services/senior-services

United Way

(513) 721-7900



Senior Resources

Veterans Resource Centers of America Ohio & Indiana

www.voahin.org www.vetsresource.org

Veterans Resource Locator Make the connection www.maketheconnection.net

Visiting Angels-Cincinnati West (513) 598-6770

www.VisitingAngels.com/CincinnatiWest

Transportation, Light Cleaning, Adult Care

Visiting Physicians Association (513) 841-0777

www.visitingphysicians.com

Physicians that make home visits for physical exams, treatment, & medications

YMCA Domestic Violence Hotline (513) 872-9259

Text 513-436-3601

Chat on line rc.chat/ywca

Crisis counseling, risk assessment, information, referrals, safety planning, and support for survivors in **Adams, Brown, Clermont and Hamilton counties** 24 hours a day.

Volunteers of America Cincinnati Veterans Resource Center (513) 322-5170

Women Helping Woman (513) 381-5610 call 24/7

www.womenhelpingwomen.org

Expert crisis Intervention & support services for survivors of dating, sexual and domestic violence.

Colerain Senior Center (513) 923-5050

www.MyY.org

FaceBook Page: [Colerain Senior Center](#)

COA meals and transportation, senior programs, events, exercise, bus trips and more.

Other Behavioral Health Resources

Hamilton County Mental Health & Recovery Services Board

- Provides access to a full continuum of mental-health services, including 24/7 crisis support through Central Connection at **513-558-8888**.
- Offers public behavioral health services and connects individuals to appropriate care.
[\[hcmhrsb.org\]](http://hcmhrsb.org)

Ohio Department of Behavioral Health Older Adult Services

- Offers statewide behavioral-health information for older adults, including mental-health provider search tools, depression screening support, and crisis hotlines.
- Provides the 24/7 crisis line: **800-273-8255**, and information on Healthy U programs for aging adults.
[\[dbh.ohio.gov\]](http://dbh.ohio.gov)

Clippard Family YMCA (513) 923-4466

www.MyY.org

FaceBook Page: [Clippard Family YMCA](#)

Senior & Family programs, events, exercise, personal training and bus trips